

# September 2025

## Breakfast K-12

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Cereal: Honey Nut Cheerios Buttered Wheat Toast Jelly Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Scrambled Eggs w/ WG buttered toast Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Assorted Yogurt Granola w/ dried fruit Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Egg, Sausage and Cheese Wrap Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Scrambled Eggs w/ WG buttered toast Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
WG Pancake Mini Bites Syrup Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	WG Blueberry Muffin Hardboiled Egg Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	French Toast Sticks Syrup Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	WG Bagel Cream Cheese Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Bean and Cheese Burrito WG Tortilla Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Egg & Cheese Breakfast Taco Salsa Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Cereal: Honey Nut Cheerios Buttered Wheat Toast Jelly Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Breakfast Sandwich Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	French Toast Yogurt Syrup Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Blue Cornbread with Jelly Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Sausage/Pancake on a Stick Syrup Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	WG Turkey Sausage Breakfast Pizza Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Venison & Potato Breakfast Taco Salsa Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	WG Pancake Mini Bites Syrup Fresh Fruit 100% Orange Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Hashbrown Stacker Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk
<b>29</b>	<b>30</b>			
WG Bagel Cream Cheese Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk	Omelet WG English Muffin Fresh Fruit 100% Apple Juice 1% Lowfat White Milk or Nonfat Chocolate Milk			Canned Fruit in Light Syrup WG = Whole Grain

Note: Menus are subject to change due to product availability.

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# September 2025

## Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Meatloaf Mashed Potatoes w/ Gravy Green Beans Pineapple Tidbits WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk	Bean Tostada Spanish Rice Shredded Lettuce Cherry Tomatos Salsa Cup Grapes 1% Lowfat White Milk or Nonfat Chocolate Milk	Bison Burger on WG Bun Pasta Salad w/ veggies Seasoned potatoes Whole Apple Ketchup, Mustard, Mayo 1% Lowfat White Milk or Nonfat Chocolate Milk	Chicken Fajitas on WG Tortilla Sautéed Pepper & Onions Black Beans Mixed Fruit Ranch Dressing 1% Lowfat White Milk or Nonfat Chocolate Milk	Beef Stir Fry w/ Brown Rice Vegetable Egg Roll Orange Slices 1% Lowfat White Milk or Nonfat Chocolate Milk
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
WG Spaghetti w/ Meat Sauce Tossed Salad w/ dressing Cherry Tomatoes WG Garlic Knot Apple Slices 1% Lowfat White Milk or Nonfat Chocolate Milk	Chicken Quesadilla on WG Tortilla Salsa Cup Corn Salad Fresh Orange 1% Lowfat White Milk or Nonfat Chocolate Milk	Sloppy Joe on WG Bun Tator Tots Broccoli Diced Pears Ketchup, Mustard, Mayo 1% Lowfat White Milk or Nonfat Chocolate Milk	Steak Fingers WG Roll Green beans Potatoes Au Gratin Pineapple Tidbits 1% Lowfat White Milk or Nonfat Chocolate Milk	Crispy Beef Tacos (2) w/ Spanish Rice Refried Beans Shredded Lettuce, Tomato Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Chicken Nachos Black Bean Salad Salsa Cup Corn Salad Applesauce Cup 1% Lowfat White Milk or Nonfat Chocolate Milk	Pork Chopette WG roll Seasoned potatoes Creamed Spinach Pineapple Tidbits Ranch Dressing, Ketchup 1% Lowfat White Milk or Nonfat Chocolate Milk	Bison Mac Bowl Cheesy WG Breadstick Broccoli Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk	Corn Dog Mustard, Ketchup Sweet Potato Fries Baked Beans Mandarin Oranges 1% Lowfat White Milk or Nonfat Chocolate Milk	Turkey Sliders Tator Tots Mixed Vegetables Mixed Fruit 1% Lowfat White Milk or Nonfat Chocolate Milk
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Taco Soup w/ tomatoes & corn Refried Beans WG Tortilla Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk	Chicken Tenders Mashed Potatoes w/ Gravy Sautéed Zucchini Pineapple Tidbits WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk	Beef and Broccoli Carrot Sticks Ranch Peach Cup 1% Lowfat White Milk or Nonfat Chocolate Milk	Green Chile Posole Broccoli Mixed Fruit WG Tortilla 1% Lowfat White Milk or Nonfat Chocolate Milk	Salisbury Steak Sweet Potato Fries Creamed Spinach Diced pears WG Dinner Roll 1% Lowfat White Milk or Nonfat Chocolate Milk
<b>29</b>	<b>30</b>			
Cheese Pizza Tossed Salad w/ Dressing Cherry Tomatoes Black bean salad Fresh Orange 1% Lowfat White Milk or Nonfat Chocolate Milk	Three Sisters Stew Blue Corn Bread Pear Carrot Sticks Ranch 1% Lowfat White Milk or Nonfat Chocolate Milk		ENTRÉE w/ GRAIN- BLUE GREEN VEG- GREEN FRUIT- PINK RED/ORANGE- RED STARCHY VEG- YELLOW OTHER VEG- ORANGE LEGUMES- PURPLE	Canned Fruit in Light Syrup WG = Whole Grain

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